Department of Labor Regulation

Department of Labor (DOL) regulations at 29 CFR Part 570 sets a general age limit of 14 for the employment of minors with exceptions listed therein. The Fair Labor Standards Act (FLSA) sets wage, hours worked, and safety requirements for minors (individuals under age 18) working in authorized occupations as covered in statute. The rules vary depending upon the particular age of the minor and the particular job involved. Each state also has its own laws relating to employment, including the employment of minors. If state law and the FLSA overlap, the law, which is more protective of the minor, will apply. Please consult the state department of labor for this information. For more information visit:

https://www.dol.gov/agencies/whd/field-operations-handbook/Chapter-33

U.S. Department of Labor Wage and Hour Division – Child Labor
https://www.dol.gov/agencies/whd/child-labor

Regulations
29 CFR 570.2
Minimum Age Standards for Nonagricultural Employment

29 CFR 570.31-34
Child Labor Reg. 3 — Employment of Minors Between 14 and 16 Years of Age