

APHIS SEASONAL INFLUENZA VACCINE FACTSHEET

There are a number of flu vaccine options available to APHIS employees:

- ❖ Employees in the National Capital Region may receive a free vaccine from the Federal Occupational Health (FOH) nurse in Riverdale by stopping by the health unit Monday through Friday between the hours of 7:30 a.m. and noon and 1:00 to 3:00 p.m.
- ❖ Employees who are located outside of the National Capital Region who may perform work that may potentially expose them to influenza in either birds or swine may:
 - complete the [Influenza Vaccination Request Form](#),
 - contact a [FOH office](#) near their home or workplace to arrange an appointment, and
 - take the completed form and their Government-issued identification card with them to the appointment.
- ❖ Most health plans provide the seasonal influenza vaccine as part of preventive services and do so at no cost. Employees should review their Federal Employees Health Benefits (FEHB) plan's coverage of preventive health services in the brochure available at www.opm.gov/FEHBbrochures.
- ❖ Flu vaccines are offered by many doctor's offices, clinics, health departments, and pharmacies. The HealthMap Vaccine Finder is another resource for locating where to find flu vaccine in your area.