

# SAFETY MESSAGE

Personal safety is our # 1 priority



## **Lightening,** Compiled by USDA-APHIS-CCEP

### **Thunderstorms danger signs:**

- Dark or threatening clouds. Distant lightening and thunder.

### **Facts about lightening:**

- Because light travels much faster than sound, lightening flashes can be seen long before the thunder is heard.
- Estimate the number of miles you are from a thunderstorm by counting the number of seconds between a flash of lightening and the next clap of thunder.

### **If outdoors:**

- Attempt to find shelter.

***If unable to find shelter do the following!***

### **Lightening strike pose:**

- Crouch down so that all your weight is on the balls of your feet.
- Place your hands over your ears.

**Pull over to the side of the road safely, and simply place your hands across your lap.**